

Cosmetic Laser Center of Irvine Botox Pre & Post Instructions

Thank you for choosing The Cosmetic Laser Center of Irvine. In our ongoing efforts to provide you with the best possible service we ask that you carefully review these Pre and Post Treatment instructions and ask any questions necessary to help you fully understand it. If you have any questions about these instructions, please discuss them with us prior to treatment. To obtain maximum benefit from your IPL treatments, it is crucial that you understand and adhere to these instructions. Failure to comply with these instructions may affect your treatment outcome and increase the likelihood or severity of complications. We are confident that if you follow these instructions, you will be exceptionally pleased with the results of your treatments.

Pre-Treatment Instructions:

- Avoid alcoholic beverages within 24 hours of treatment
- Avoid any anti-inflammatory medications, such as, Ibuprofen, Motrin, Advil, Aleve, Vioxx, etc., in order to reduce possible side effects of bruising/swelling in the areas of treatment.

Post-Treatment Instructions:

For the at least (6) six hours after the injection please follow these instructions:

- No exercise
- No long walks
- No hair washing
- No blow-drying of hair
- No wearing hats
- No wearing make-up
- No touching area
- No showers
- No cooking over a hot stove
- You should not travel by airplane on the same day you receive BOTOX
- No Aspirin, Advil or Motrin for 48 hours. You may take Tylenol.
- Make expressions of the muscle group treated. (i.e. frown, smile or raise eyebrows)) Do 5 repetitions of treated muscles every 5-10 minutes for the first hour.

Please call us at 949-679-8679 if you have any questions or concerns. We want you to be pleased with your treatment at Cosmetic Laser Center of Irvine.

Client Name _____ Date _____

