

COSMETIC LASER CENTER OF IRVINE PRE AND POST DERMAL FILLER INSTRUCTIONS

Thank you for choosing The Cosmetic Laser Center of Irvine. In our ongoing efforts to provide you with the best possible service we ask that you carefully review these Pre and Post Treatment instructions and ask any questions necessary to help you fully understand it. If you have any questions about these instructions, please discuss them with us prior to treatment. To obtain maximum benefit from your Dermal Filler treatments, it is crucial that you understand and adhere to these instructions. Failure to comply with these instructions may affect your treatment outcome and increase the likelihood or severity of complications. We are confident that if you follow these instructions, you will be exceptionally pleased with the results of your treatments.

PRE-TREATMENT

- Night before exclude: The use of alcohol
- One week before exclude: Aspirin, Non-Steroidal Anti-Inflammatory (Advil, Aleve, Motrin, etc.), Ginkgo Biloba, garlic, flax oil, cod liver oil, Vitamin A, Vitamin E and any other essential fatty acids. You may resume 48 hrs. after treatment.
- Avoid Chemical Peels and Laser 1 week prior to Dermal Filler treatment

POST-TREATMENT

Immediately after your procedure and for 24 hours you should avoid the following:

- Strenuous Exercise
- Sun exposure/heat exposure/tanning beds
- Alcoholic beverages
- Massaging/pressing areas treated
- Extreme cold temperatures
- Do not touch the area that was injected with your hand, since there is open wound and could cause infection.
- Do not use make up for at least 5 hours
- Significant changes may be achieved in the first treatment. A touch-up may be required to achieve optimal results. A follow-up appointment will be scheduled in 2 weeks.

If you experience any severe side effects please contact us at 949-679-8679. We want you to be pleased with your treatment at The Cosmetic Laser Center of Irvine.

Client Name _____

Date: _____.